

Management of Multifocal and Multicentric Gliomas

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KEYWORDS

- Multifocal • Multicentric • Glioma • Glioblastoma
- Treatment

The diffuse nature of gliomas has long confounded attempts at achieving a definitive cure. Superradical hemispherectomies were performed in the early years of neurosurgery; yet even these desperate efforts could not prevent tumor from recurring on the contralateral side. With the advent of computed tomography and magnetic resonance imaging (MRI), it became increasingly apparent that gliomas could have a multifocal or multicentric appearance. Treating these tumors is the summit of an already daunting challenge, because the obstacles that must be surmounted to treat gliomas in general, namely, their heterogeneity, diffuse nature, and ability to insidiously invade normal brain, are more conspicuous in this subset of tumors.

EPIDEMIOLOGY

Malignant gliomas represent the most common primary brain tumor in adults. Median survival of patients with glioblastoma after optimal treatment continues to be less than 15 months.¹ Although most gliomas have been described as solitary lesions, multifocal/multicentric lesions have been described with an incidence ranging from 0.5% to 20%.^{2–8} Most of the data available specifically regarding multifocal tumors are in the form of case reports or small series. Chamberlain and colleagues⁹ described the radiographic patterns of relapse in 80 patients with glioblastoma multiforme (GBM). At diagnosis, 10% of patients had multifocal or multicentric disease, whereas at first recurrence this proportion increased to 14%. Salvati and colleagues⁷ published a series on

25 patients with multicentric tumors and reported that these multicentric tumors represented 2% of all malignant tumors in their series. Silbergeld and colleagues¹⁰ reported that 17% of 117 adult patients with supratentorial GBM examined post mortem by autopsy had multifocal disease.

Multicentric/focal gliomas can either be multiple at the time of diagnosis or develop later in the disease process. Kyritsis and colleagues¹¹ described 51 patients with multifocal/multicentric gliomas; 26 of the patients had simultaneous lesions at the time of diagnosis, whereas the other 25 developed multifocality later. In 14 of the 51 patients, no apparent dissemination route was identified, and the tumors were classified as multicentric gliomas. The rest of the patients showed different patterns of spread from the primary site, and the tumors were classified as multifocal. The investigators described the meningeal-subarachnoid space as the most frequent dissemination route, followed by the subependymal route, intraventricular route, and direct brain penetration.¹¹

DEFINITION: MULTIFOCAL VERSUS MULTICENTRIC TUMORS

Multicentric gliomas were first described by Bradley¹² in 1880. Based on the points brought up by Russell and Rubinstein, Batzdorf and Malamud² described the criteria to differentiate multifocal from multicentric tumors in 1963. The investigators described multifocal tumors as those that can be explained as the result of growth or dissemination via established routes: (1) commissural or other

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pathways, such as the corpus callosum; (2) cerebrospinal fluid channels, either through subarachnoid spaces or the ventricular system; and (3) local metastasis through satellite formation in the immediate vicinity of the main tumor. Multicentric tumors were defined as those that represent widely separated lesions, for example, those in different hemispheres and whose origin cannot be explained following the pathways mentioned earlier. Multicentric tumors also include those tumors separated in time.² Although these definitions can be used to separate patients with multifocal gliomas from those that harbor multicentric tumors, the clinical or prognostic significance between these 2 clinical entities remains unclear.

PATHOGENESIS

The pathogenesis of multicentric tumors is unknown. In 1960, Willis¹³ introduced the theory of initiation and promotion that allows unlinked proliferation of neoplastic cells at different topographic locations⁴ and suggested that multicentric lesions could result from a 2-step process. In the first stage called initiation, a large area or perhaps the entire brain undergoes neoplastic transformation and becomes more susceptible to neoplastic growth. In the second stage called promotion, the neoplastic proliferation occurs in multiple sites through different sources of stimulation, such as hormonal, biochemical, or even viral.^{14,15} The increased prevalence of multicentric tumors in patients with germline p53 mutations and neurofibromatosis type I (with germline mutation of the *NF1* tumor suppressor gene) is likely explained by the mechanism by which the germline mutation serves as the initiating hit.^{16,17} The idea of initiation and promotion also makes sense in the context of the cancer stem cell hypothesis, as elaborated later.

Despite this theory, most cases of multicentric tumors and all cases of multifocal tumors are more likely to develop because of the unique propensity of glioma cells to invade normal brain and migrate long distances. (Claes and colleagues¹⁵ aptly compared glioma cells to guerilla warriors capable of invading individually or in small groups and abusing preexisting supply lines.) In 1940, the neuropathologist Hans-Joachim Scherer¹⁸ described secondary structures of glioma growth along existing cytoarchitectural elements, such as neurons, white matter tracts, and blood vessels. In 1997, Geer and Grossman¹⁹ suggested that interstitial fluid flow along white matter tracts could be a potentially important mechanism for the dissemination of glioma cells, explaining that glioma cells are inherently capable

of migration along white matter tracts to distant areas of the brain. Hefti and colleagues⁴ found most multicentric glioma lesions to be located along known migrational pathways of glioma cells and, therefore, suggested that active migratory processes are involved in the development of these lesions. The investigators also described a time-related dependency for multicentricity and concluded that with the advent of radical tumor resection, adjuvant therapies, better local control, and longer life expectancy, the incidence of multicentric/multifocal gliomas is likely to increase.

PATHOLOGY

Pathologically, most multicentric/multifocal gliomas can be classified as GBM.^{2,7} However, anaplastic astrocytoma, anaplastic oligoastrocytoma, gliosarcoma, oligodendroglioma, and ependymoma with multicentric and multifocal features have been described.^{2,7,20} These tumors do not exhibit any specific histologic features that could differentiate them from similar unifocal gliomas.² In most cases, the histology of separate lesions is similar, with variations comparable to those visualized in different areas of the same tumor.² However, less commonly, multicentricity can also occur as a combination of different histologic tumors, for example, anaplastic astrocytoma and glioblastoma, low-grade astrocytoma and anaplastic astrocytoma, and low-grade astrocytoma and glioblastoma.^{5,7,21} Most multicentric gliomas occur supratentorially, but combined lesions in both supratentorial and posterior fossa have also been described.^{2,7,8,22,23}

DIAGNOSIS

MRI with contrast is the modality of choice for evaluating brain tumors. Glioblastomas, brain metastases, and central nervous system (CNS) lymphomas share similar enhancement patterns on MRI, and no definitive characteristics can differentiate multifocal/multicentric GBM from metastatic disease or CNS lymphoma.^{3,22,24} Very recently, Wang and colleagues²⁵ reported the use of a combination of MRI diffusion tensor imaging (DTI) and dynamic susceptibility contrast-enhanced (DSC) MRI to differentiate glioblastomas from metastases and lymphoma. Using DTI and DSC parameters, the investigators were able to differentiate GBM from metastases and lymphoma with a sensitivity of 89% and specificity of 93%.

Although important strides are being made to radiographically differentiate between these pathologic conditions, tissue diagnosis with surgical biopsy remains the standard of care for all gliomas including multifocal/multicentric tumors.

TREATMENT

Surgical Management

There are no clearly defined guidelines in the literature on the surgical management of multifocal or multicentric gliomas. Some investigators favor a conservative surgical approach with the use of stereotactic biopsy for accurate diagnosis while avoiding risk of neurologic deficit or hemorrhage.^{22,26} Other investigators have suggested that aggressive resection of the contrast-enhancing portions of multifocal/multicentric tumors yields better overall survival compared with patients with solitary malignant gliomas. These investigators have recommended craniotomy or even multiple craniotomies with maximal safe resection.^{3,7}

Hassaneen and colleagues³ recently described the use of multiple craniotomies in the management of multifocal and multicentric glioblastomas in 20 patients and used a matched cohort of patients with solitary GBM for comparison. The investigators, however, were not able to compare their results with those of a group of patients with multicentric/multifocal glioblastomas who were treated only with biopsy. An overall survival of 9.7 months was reported in the multifocal/multicentric group after aggressive surgical resection with multiple craniotomies. This result was similar to that of the matched control group with single tumors who had a median survival of 10.5 months ($P = .34$). The investigators concluded that multiple craniotomies resulted in a survival period comparable with that of patients undergoing surgery for a single lesion, with no increase in complication rate or postoperative morbidity.³ Therefore, these investigators recommended maximal safe resection of the enhancing tumors to maximize survival in select patients with multifocal/multicentric tumors.

Salvati and colleagues⁷ described the largest series of 25 patients with multicentric high-grade gliomas according to the criteria defined by Batzdorf and Malamud.² In their series, similar to Hassaneen and colleagues,³ the average survival of patients who underwent surgical resection was 9.5 months. Patients with tumors in inaccessible or eloquent locations underwent biopsy and had an average survival of 2.8 months. Based on their data and experience, the investigators concluded that patients with accessible tumors should undergo surgical resection of all tumors and the rest should undergo stereotactic biopsy to obtain histologic diagnosis.⁷

Radiation Therapy

The standard treatment of malignant glioma, specifically GBM, involves conformal radiotherapy

(RT) of 60 Gy encompassing the tumor volume and margin. However, historically, whole brain radiotherapy (WBRT) has been used for the treatment of multifocal/multicentric tumors with or without a boost to the tumor. The inclusion of whole brain fields has been recently questioned, given that most failures occur within the original tumor volume and that limited doses can be delivered to the entire brain.²⁷

Showalter and colleagues²⁷ reported outcomes of 50 patients with multifocal or multicentric GBMs who were treated with WBRT ($n = 16$) or conformal RT ($n = 34$). The median survival was 8.1 months. The investigators found no difference in the time to progression or overall survival in patients treated with WBRT versus those treated with conformal RT. All patients had local recurrence, and no recurrences were seen distant from the original foci in the absence of significant local progression. Therefore, the investigators concluded that conformal RT is as efficacious as WBRT and that radiation of whole brain fields may not be necessary.²⁷ A limited field radiation may better optimize cognitive outcomes and functional status, given the evidence of decline in neurocognitive outcomes in patients undergoing WBRT for brain metastases.²⁸

The efficacy of stereotactic radiosurgery (SRS) in the treatment of malignant gliomas is not clearly established. Several retrospective reviews suggest a survival benefit when SRS is used after conventional RT for focal residual or recurrent disease. For example, Pouratian and colleagues²⁹ reported a median survival of 16.2 months in 48 patients with GBM who underwent Gamma Knife radiosurgery and concluded that this suggests an improved survival compared with the median survival of 14.6 months reported by the pivotal randomized controlled trial by Stupp and colleagues.¹ However, the only randomized controlled trial assessing the efficacy of SRS before RT failed to show any benefit.³⁰ Many investigators, however, continue to believe that SRS has a role in the management of patients after RT for small, residual, inaccessible, or recurrent foci.^{29,31}

Chemotherapy

There is currently no clinically proven chemotherapy that specifically targets multifocal or multicentric glioblastoma. In general, the standard treatment of a newly diagnosed glioblastoma consists of fractionated involved-field radiation therapy combined with the oral alkylating agent temozolomide, followed by cycles of adjuvant temozolomide. An international phase III trial demonstrated a median survival of 14.6 months with this regimen.¹ Many patients with glioblastoma

are also treated at some point with the antiangiogenic agent bevacizumab. Bevacizumab, an intravenously administered monoclonal antibody, inhibits the vascular endothelial growth factor (VEGF) and was approved by the Food and Drug Administration, in 2009, for the treatment of recurrent glioblastoma. Although the survival benefit is modest, treatment with bevacizumab is well tolerated and often improves quality of life.

Great effort has gone into identifying subpopulations of patients who may respond better (or worse) to a particular treatment. It is now well established that patients with tumors that possess a methylated O6-methylguanine-DNA methyltransferase (MGMT) promoter are more likely to respond well to chemotherapy with temozolomide than those with tumors that possess an unmethylated MGMT promoter.^{32,33} Yet temozolomide is the current first-line chemotherapeutic agent for patients with tumors that possess an unmethylated MGMT promoter. Our therapeutic armamentarium is not currently robust or sophisticated enough to further tailor treatments, and the same holds true for the subset of patients with multifocal/multicentric glioblastoma; they may not do as well as the others, but clearly no better treatment option exists. In addition, with the ability to hit a near-limitless number of targets, chemotherapy holds great promise. Furthermore, we can use our knowledge of pathophysiology to design rational treatment strategies for patients with multifocal/multicentric glioblastoma. Promising areas of research include targeting invasion, targeting glioma stem-like cells, and using immunotherapy.

Targeting invasion

Tumor invasion confounds traditional modes of treatment in multiple ways. Locally directed therapies, such as surgical resection and intracavitary therapies, may not reach the leading invasive edge of the tumor. This inaccessibility is obviously the case with multifocal/multicentric tumors. In addition, the blood-brain barrier is much more likely to be intact along the leading edge of the tumor, which poses a significant challenge for systemically delivered therapies. Only 2% of low-molecular weight drugs (and no high-molecular weight drugs) are able to penetrate an intact blood-brain barrier.³⁴ Lastly, several lines of evidence suggest that invasiveness and proliferation are inversely correlated. Tumor growth factor β , for example, stimulates invasion but suppresses proliferation.³⁵ Furthermore, glioma cells selected for their migratory capacity in vitro demonstrate a slower growth rate than their unselected counterparts, and analysis of glioma biopsies has shown decreased proliferation rates in the white

matter and infiltrated cortex compared with solid tumor.^{36,37} Most traditional chemotherapy drugs are selectively toxic to cells that divide rapidly. Therefore, in addition to being exposed to less chemotherapy, tumor cells along the invasive edge are also less susceptible to the effects of chemotherapy.

There has also been concern that treatment with antiangiogenic agents may promote tumor invasiveness. In 2001, Kunkel and colleagues³⁸ showed that when mice implanted with human G55 glioma cells were treated with DC101 (a monoclonal antibody against VEGF receptor 2), the number of satellite tumors increased significantly, even though the overall tumor volumes were reduced. On histopathologic examination, tumor cells were seen migrating long distances along host vessels and in the subarachnoid space. Several retrospective reviews of imaging patterns at recurrence after antiangiogenic therapy seemed to further justify this concern. In a review of 26 patients treated with bevacizumab, Norden and colleagues³⁹ reported that 4 patients (15%) presented with distant disease at relapse. Similarly, Iwamoto and colleagues⁴⁰ found that 6 of 37 patients (16%) treated with bevacizumab had multifocal disease at relapse. Only 46% of the patients in this bevacizumab-treated group developed enhancing local disease at relapse, much lower than the 90% to 95% rate of local recurrence reported in studies performed in the preantiangiogenic era. These studies suggest that multifocal/multicentric disease may become more commonplace now that antiangiogenic therapy is well established. However, subsequent studies have not found an increased risk of remote or multifocal relapse after treatment with bevacizumab.^{9,41} Regardless of whether antiangiogenic therapy itself increases the risk of multifocal/multicentric disease, it seems likely that as median survival continues to improve and more patients survive beyond first, second, and third relapses, the incidence of multifocal/multicentric disease will increase.

Invasion requires the coordination of several distinct cellular processes, each of which can potentially be targeted. First, glioma cells must dissociate from the tumor mass and form contacts with the extracellular matrix (ECM). CD44, tenascin-C, neural cell adhesion molecule, cadherins, and integrins play critical roles in this process. In a rat gliosarcoma model, intratumoral injection of an anti-CD44 monoclonal antibody resulted in decreased brain invasion.⁴² Tenascin-C is an ECM glycoprotein that is ubiquitously expressed by glioma cells. A radiolabeled monoclonal antibody against tenascin-C has been developed,

but the intracavitary injection used to deliver this treatment may fail to reach the leading invasive edge it was designed to target. The cyclic pentapeptide cilengitide is an inhibitor of the integrins $\alpha_v\beta_3$ and $\alpha_v\beta_5$. These integrins are expressed on both endothelial and glioma cells, suggesting that cilengitide may target both angiogenesis and invasion. Having demonstrated activity and safety in several phase I and II trials, cilengitide is currently being evaluated in phase III trials for the treatment of patients with glioblastoma.

After detachment from the tumor mass, the ECM must be degraded and remodeled to allow for cell movement. This process involves matrix metalloproteinases (MMPs), urokinase plasminogen activator and its receptor, cathepsin, and the family of multidomain membrane-associated proteins known as a disintegrin and metalloproteinase. A randomized placebo-controlled phase II trial of the MMP inhibitor marimastat showed negative results, perhaps because of compensatory activity by other enzymes.⁴³

Finally, the cellular machinery responsible for cell migration must be activated. For movement to occur, lamellipodia and filopodia interact with the ECM at adhesion complexes. These complexes consist of an integrin core in association with numerous other proteins, including focal adhesion kinase (FAK), which has been shown to be overexpressed in glioma, particularly at the infiltrating edge. In vitro studies demonstrate that inhibiting FAK decreases invasiveness.⁴⁴

The initiation and coordination of cellular processes that lead to invasion result from activation of specific signal transduction pathways. In particular, the receptor tyrosine kinases, epidermal growth factor receptor (EGFR) and c-Met, as well as the nonreceptor tyrosine kinase Src drive glioma invasiveness, although all these pathways have pleiotropic effects beyond triggering invasion. The small molecule EGFR inhibitors erlotinib and gefitinib have been evaluated in multiple clinical trials for glioblastoma, with only modest results. An earlier study suggested that EGFR inhibitors may be more effective for tumors that possess the EGFRvIII mutation and wild-type PTEN, but subsequent studies have not validated this finding.⁴⁵ In a small retrospective review, the multikinase inhibitor dasatinib (which inhibits Src, BCR-ABL, c-KIT, ephrin type-A receptor 2, and platelet-derived growth factor β) demonstrated little activity after bevacizumab failure in patients with heavily pretreated GBM.⁴⁶ Results of multicenter clinical trials on dasatinib are currently pending. Rilotumumab, a monoclonal antibody against hepatocyte growth factor/scatter factor, the ligand for c-Met, was recently evaluated in a phase II clinical trial for

patients with recurrent glioblastoma. Again, little activity was seen.⁴⁷ The overall lack of efficacy seen in clinical trials to date may be because of coactivation of multiple signaling pathways. Combination therapy may, therefore, be required.

Targeting glioma stem-like cells

In 2003, Singh and colleagues⁴⁸ demonstrated that cancer cells with stem-like properties are present within brain tumors. Unlike the more differentiated cells that comprise the bulk of a tumor, cancer stem cells are capable of continual proliferation and self-renewal. Because these cells are relatively quiescent, they are resistant to radiation therapy and traditional cytotoxic chemotherapy. It has long been thought that these glioma stem-like cells may preferentially reside in specific niches such as the subventricular zone (SVZ) in which nonneoplastic neural stem cells are known to exist. Glantz and colleagues⁴⁹ theorize that the inability of locally directed therapies to permanently eradicate tumor may be because of the continued presence of glioma stem-like cells in the SVZ. These cells may possess the ability to migrate out of the SVZ into the surrounding brain tissue far away from the primary tumor using the same scaffolding used in neural development. Lim and colleagues⁵⁰ showed that glioblastomas contacting the SVZ and infiltrating cortex are much more likely to have multifocal disease (56%) at diagnosis than tumors found in other locations. Multifocal/multicentric tumors may, therefore, be more enriched with glioma stem-like cells than their solitary counterparts, thus adding to the treatment challenge.

Even as the cancer stem cell hypothesis is being debated and refined, targeting glioma stem-like cells has become an area of active research. Normal stem cells are regulated by signaling pathways that play an important role in development, such as the SHH, Wnt, and Notch signaling pathways. Dysregulation of these pathways can lead to the development of cancer stem cells, and inhibitors of these pathways are currently being evaluated for clinical use. Nitric oxide signaling has recently been shown to play an important role in glioma stem cell proliferation.⁵¹ A multicenter phase II dendritic cell vaccine trial in which the autologous dendritic cells used in the vaccine are primed against antigens that are highly expressed by cancer stem cells is currently underway. Glantz and colleagues⁴⁹ suggest that because glioma stem-like cells may reside in the SVZ, cerebrospinal fluid (CSF)-directed therapies may have better efficacy than systemically delivered therapies. Chemotherapeutic agents instilled directly into the CSF only penetrate a few

millimeters into the brain parenchyma, so the efficacy of this strategy is unclear. To date, no clinically proven method of eradicating glioma stem-like cells exists.

Immunotherapy

One of the most promising areas of oncology research is immunotherapy, and the immunotherapeutic approach may prove to be a particularly effective strategy against multifocal/multicentric glioblastoma. After all, few, if any, pharmaceutical compounds are able to seek out and destroy foreign pathogens as robustly and specifically as the immune system. Several clinical trials using immune-priming adjuvant therapies (such as polylysine and carboxymethylcellulose, a toll-like receptor 3 ligand) or dendritic cell vaccines have been performed or are underway. To date, no trial results that specifically address efficacy for multicentric/multifocal gliomas have been reported. However, using a rat multifocal glioblastoma model (in which rats were injected with glioma cells in each hemisphere), King and colleagues⁵² demonstrated that treatment with adenoviral vectors expressing thymidine kinase and human Flt3L resulted in long-term survival in 50% of the animals. By recruiting macrophages and CD4 cells, the presence of Flt3L helps initiate an immune response that is able to eradicate distant targets. A clinical trial of this therapy is about to commence.

PROGNOSIS

Multifocal and multicentric gliomas have traditionally been thought to have a worse prognosis than solitary tumors. The median survival for these patients has ranged from 2 to 10 months.^{3,7,14,27} Salvati and colleagues⁷ reported a median survival of 2.8 months for patients who underwent biopsy of their multicentric tumors. These patients had tumors located in inaccessible or eloquent regions. Patients with surgically accessible tumors who underwent surgical resection had a median survival of 9.5 months.⁷ Similarly, Hassaneen and colleagues³ reported a median survival of 9.7 months after aggressive surgical management and concluded that if the enhancing portions of the multifocal/multicentric tumors can be safely resected, outcomes in these patients may be similar to those in patients with solitary disease. Finally, Showalter and colleagues²⁷ studied 50 patients who underwent RT and multiple therapies for their multifocal malignant gliomas and described a median survival of 8.1 months.

SUMMARY

Multifocal and multicentric tumors magnify many of the challenges one faces when treating patients

with malignant gliomas. Issues such as biopsy versus maximal safe resection and optimal choice of anticancer treatments beyond the standard of care are currently under debate and investigation. The subset of patients with multifocal or multicentric gliomas may indeed be more susceptible or resistant to a given therapy compared with those with localized disease. As the knowledge of the disease process increases, the ability to better tailor treatments will also improve.

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